MONROE QUILT: QUILTS OF VALOR – Designed by Wendy Sheppard for Quilting Treasures

25863 R (incl binding)
25863 Z (backing only)

FABRIC REQUIREMENTS

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<th>Design</th>
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Quilt batting, 69” x 89”
Basic sewing, pressing, and rotary-cutting supplies
*includes binding
**backing only

Designer Notes
• All seams are ¼” throughout.
• WOF—a widthwise cut from selvage to selvage; HST—half-square triangle; QST—quarter-square triangle

Cutting Instructions
Note: Cut and sub-cut in order as given, as some cuts are from the remains of previous cuts.

25861 Z: Fabric A (white focal print)
Outer Border
• Cut (7) 3½” x WOF strips. Sew strips together (end to end) using 45° seams to make a continuous strip. Subcut (2) 3½” x 60½” strips. Subcut (2) 3½” x 74½” strips.

25862 R: Fabric B (red paisley)
Star Block B
• Cut (1) 2⅜” x WOF strip. Subcut (5) 2⅜” squares.
• Cut (1) 2⅛” x WOF strip. Subcut (10) 2½” squares.
• Cut (1) 3¼” x WOF strip. Subcut (10) 3¼” squares.
Courthouse Step Blocks
• Cut (4) 1½” x WOF strips. Subcut (34) 1½” x 4½” rectangles.

25862 Z: Fabric C (white paisley)
All Star Blocks
• Cut (6) 2½” x WOF strips. Subcut (72) 2½” squares.

25863 N: Fabric D (navy check)
Courthouse Step Blocks
• Cut (7) 2” x WOF strips. Subcut (34) 2” x 7½” rectangles.
Binding
• Cut (8) 2½” x WOF strips.
25863 R: Fabric E (red check)
*Star Block E*
- Cut (1) 2½" x WOF strip. Subcut (4) 2½" squares.
- Cut (1) 2⅞" x WOF strip. Subcut (8) 2⅞" squares.
- Cut (1) 3¼" x WOF strip. Subcut (8) 3¼" squares.

25863 Z: Fabric F (white check)
*Backing*
- Cut (2) 90" x WOF strips.

25864 N: Fabric G (blue toss)
*Courthouse Step Blocks*
- Cut (1) 1½" x WOF strip. Subcut (17) 1½" squares.
- Cut (1) 2½" x WOF strip. Subcut (12) 2½" squares.
- Cut (1) 3¼" x WOF strip. Subcut (12) 3¼" squares.

25864 R: Fabric H (red toss)
*Star Block H*
- Cut (1) 2½" x WOF strip. Subcut (6) 2½" squares.
- Cut (1) 2⅞" x WOF strip. Subcut (8) 2⅞" squares.
- Cut (1) 3¼" x WOF strip. Subcut (8) 3¼" squares.

25865 ZN: Fabric I (blue tonal)
*Courthouse Step Blocks*
- Cut (9) 2" x WOF strips. Subcut (34) 2" x 10½" rectangles.
- Cut (1) 2½" x WOF strip. Subcut (34) 1" x 2½" rectangles.
- Cut (3) 1½" x WOF strips. Subcut (36) 1½" squares. Reserve remaining fabric.
- From reserved fabric, subcut (6) 2½" squares.

25865 ZR: Fabric J (red tonal)
*Star Block J*
- Cut (1) 2½" x WOF strip. Subcut (3) 2½" squares.
- Cut (1) 3¼" x WOF strip. Subcut (6) 3¼" squares. Reserve remaining fabric.

21516 Z: Fabric K (white tonal)
*All Star Blocks*
- Cut (9) 2½" x WOF strips. Subcut (144) 2½" squares.
- Cut (9) 2⅞" x WOF strips. Subcut (108) 2⅞" squares.
- Cut (3) 3¼" x WOF strips. Subcut (36) 3¼" squares.
*Courthouse Step Blocks*
- Cut (3) 1½" x WOF strips. Subcut (34) 1" x 1½" rectangles. Subcut (34) 1½" x 2½" rectangles.
- Cut (12) 2" x WOF strips. Subcut (34) 2" x 4½" rectangles. Subcut (34) 2" x 7½" rectangles.
*Inner Border*
- Cut (7) 2½" x WOF strips. Sew strips together (end to end) using 45° seams to make a continuous strip. Subcut (2) 2½" x 54½" strips. Subcut (2) 2½" x 70½" strips.

**Quilt Instructions**

*Fabric B Star Blocks*

1. **HST (KC) Units.** Referring to Diagram 1, draw a diagonal line on the wrong side of one 2⅞" Fabric K (white tonal) square. With right sides together, align the raw edges of the Fabric K square with one 2⅞" Fabric C (white paisley) square. Stitch ¼" away from each side of the drawn line. Cut along the drawn line to yield two HST Units. Press units open. Each HST Unit should measure 2½" square. Make a total of eight HST (KC) Units.

2. **HST (KB) Units.** Referring to Diagram 2, draw a diagonal line on the wrong side of one 2⅞" Fabric K (white tonal) square. With right sides together, align the raw edges of the Fabric K square with one 2⅞" Fabric B (red paisley) square. Stitch ¼" away from each side of the drawn line. Cut along the drawn line to yield two HST Units. Press units open. Each HST Unit should measure 2½" square. Make a total of four HST (KB) Units.

3. **QST (KB) Units.** Following the step 2 instructions and using one 3¼" Fabric K (white tonal) square and one 3¼" Fabric B (red paisley) square, make two HST Units. Each HST Unit should measure 2½" square. Referring to Diagram 3, draw a diagonal line on the wrong side of one HST Unit, crossing the seam. With right sides facing, alternating dark and light fabrics, align the raw edges of this HST Unit and the remaining HST Unit. The wrong side of the HST Unit with the drawn line should be facing up. Pin units together. Stitch ¼" away from each side of the drawn line. Cut along the drawn line to yield two QST Units. Press units open. Each QST Unit should measure 2½"
square. Make a total of four QST (KB) Units.
Diagram 3

**Assemble Fabric B Star Blocks**

4. **Row 1.** Referring to Diagram 4 and noting orientation of the units, sew five pieces together in the following order: one HST (KB) Unit, one HST (KC) Unit, one 2½" Fabric K (white tonal) square, one HST (KC) Unit, one HST (KB) Unit for Row 1. Row 1 should measure 2½" x 10½". Make a total of two Row 1.
Diagram 4

5. **Row 2.** Referring to Diagram 5 and noting orientation of the units, sew five pieces together in the following order: one HST (KC) Unit, one 2½" Fabric K (white tonal) square, one QST (KB) Unit, one 2½" Fabric K (white tonal) square, one HST (KC) Unit for Row 2. Row 2 should measure 2½" x 10½". Make a total of two Row 2.
Diagram 5

6. **Row 3.** Referring to Diagram 6 and noting orientation of the units, sew five pieces together in the following order: one 2½" Fabric K (white tonal) square, one QST (KB) Unit, one 2½" Fabric B (red paisley) square, one QST (KB) Unit, one 2½" Fabric K (white tonal) square for Row 3. Row 3 should measure 2½" x 10½". Make a total of one Row 3.
Diagram 6

7. Referring to Diagram 7 and noting orientation of the rows, sew the five rows together in the following order: Row 1, Row 2, Row 3, Row 2, Row 1 for Fabric B Star Block. Star Block should measure 10½" square. Make a total of five Fabric B (red paisley) Star Blocks.
Diagram 7

**Fabric E Star Blocks**

Following steps 1 though 7 and replacing the Fabric B (red paisley) pieces with Fabric E (red check) pieces, make a total of four Fabric E (red check) Star Blocks (see Diagram 8).
Diagram 8

**Fabric H Star Blocks**

Following steps 1 though 7 and replacing the Fabric B (red paisley) pieces with Fabric H (red toss) pieces, make a total of six Fabric H (red toss) Star Blocks (see Diagram 9).
Diagram 9

**Fabric J Star Blocks**

Following steps 1 though 7 and replacing the Fabric B (red paisley) pieces with Fabric J (red tonal) pieces, make a total of three Fabric J (red tonal) Star Blocks (see Diagram 10).
Courthouse Steps Blocks

1. Referring to Diagram 11, sew one 1½" Fabric G (blue toss) square between two 1" x 1½" Fabric K (white tonal) rectangles for block center. Noting orientation of the block center, sew block center between two 1" x 2½" Fabric I (blue tonal) rectangles for block center. Block center should measure 2½" square.

2. Referring to Diagram 12 and noting orientation of the block center, sew block center between two 1½" x 2½" Fabric K (white tonal) rectangles. Noting orientation of the block center, sew block center between two 1½" x 4½" Fabric B (red paisley) rectangles for block center. Block center should measure 4½" square.

3. Referring to Diagram 13 and noting orientation of the block center, sew block center between two 2" x 4½" Fabric K (white tonal) rectangles. Noting orientation of the block center, sew block center between two 2" x 7½" Fabric D (navy check) rectangles for block center. Block center should measure 7½" square.

4. Referring to Diagram 14 and noting orientation of the block center, sew block center between two 2" x 7½" Fabric K (white tonal) rectangles. Noting orientation of the block center, sew block center between two 2" x 10½" Fabric I (blue tonal) rectangles for block. Block should measure 10½" square.

5. Repeat steps 1 through 4 to make a total of seventeen Courthouse Steps Blocks.

Quilt Center Assembly

Note: Refer to Quilt Layout Diagram on page 6 for the following steps. All rows should measure 10½" x 50½" when completed.

1. Row 1. Noting orientation of the Courthouse Step Blocks, sew five blocks together in the following order: Fabric H Star Block, Courthouse Step Block, Fabric B Star Block, Courthouse Step Block, Fabric E Star Block.

2. Row 2. Noting orientation of the Courthouse Step Blocks, sew five blocks together in the following order: Courthouse Step Block, Fabric J Star Block, Courthouse Step Block, Fabric H Star Block, Court-
house Step Block.

5. **Row 5.** Noting orientation of the Courthouse Step Blocks, sew five blocks together in the following order: Fabric H Star Block, Courthouse Step Block, Fabric E Star Block, Courthouse Step Block, Fabric H Star Block.

6. **Row 6.** Noting orientation of the Courthouse Step Blocks, sew five blocks together in the following order: Courthouse Step Block, Fabric J Star Block, Courthouse Step Block, Fabric B Star Block, Courthouse Step Block.

7. **Row 7.** Noting orientation of the Courthouse Step Blocks, sew five blocks together in the following order: Fabric B Star Block, Courthouse Step Block, Fabric H Star Block, Courthouse Step Block, Fabric J Star Block.

8. Noting orientation of the rows, sew Row 1 through 7 together in numerical order for the Quilt Center. Quilt Center should measure 50½" x 70½".

9. **Inner Border.** Sew one 2½" x 70½" Fabric K (white tonal) strip to each long side of the Quilt Center. Sew one 2½" x 54½" Fabric K (white tonal) strip to each short side of the Quilt Center. Quilt Center should measure 54½" x 74½".

10. **Outer Border.** Sew one 3½" x 74½" Fabric A (white focal print) strip to each long side of the Quilt Center. Sew one 3½" x 60½" Fabric A (white focal print) strip to each short side of the Quilt Center. Quilt Top should measure 60½" x 80½".

**Finishing**

1. If backing is not already prepared, sew two 90" x WOF Fabric F (white check) strips together along the selvage edges. Trim backing to measure 69" x 89".

2. Place the quilt top right side up on top of the batting and wrong side of the backing.

3. Baste the layers together and quilt as desired. Trim the backing and batting even with the quilt top.

4. Sew the eight 2½" x WOF Fabric D (navy check) strips together (end to end) using 45° seams to make a continuous strip. Fold strip in half lengthwise (with wrong sides together) and press. Bind as desired.

**Quilt Layout Diagram**

While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies.